



(A constituent College of Adesh University, Bathinda)

*College of Physiotherapy*  
*NH-7, Barnala Road, Bathinda – 151101 Punjab (India)*



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## NOTICE Utilization of Yoga Center

- This is for kind information to all the concern that The College of Physiotherapy has started “Department of Yoga” in the College of Physiotherapy.
- A Well trained/Qualified yoga instructor is deputed to commence yoga classes.
  - Yoga for kids
  - Yoga for beginners
  - Yoga for happy old age
- Kindly convey yours interest by calling / visiting College of Physiotherapy from 11am to 4 pm on working hours on phone no – 8847215186
- Classes are open for all members, faculty, families and students of Adesh University.
- Feel free to call.
- Timings will be according to enrolment in the group.

**Yoga Instructor**

**Principal**